



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Trix Cereal</i></p> <p>Animal Grahams Crisians 100% Juice(87)1% White or FF Chocolate Milk(14)</p> <p>3 512:400:101</p>	<p><i>Cocoa Krispie Cereal Bar</i></p> <p>Vanilla Wafers 100% Juice Fruit Cup (61)1% White or FF Chocolate Milk(14)</p> <p>4 462:370:75</p>	<p><i>Lucky Charms Cereal</i></p> <p>WG Goldfish Graham Fresh Apple (63)1% White or FF Chocolate Milk(14)</p> <p>5 424:425:77</p>	<p><i>Froot Loops Cereal Bar</i></p> <p>Goldfish Grahams Fresh Orange 100% Juice (83)1% White or FF Chocolate Milk(14)</p> <p>6 512:365:97</p>	<p><i>WG Goody Bun</i></p> <p>100 % Juice Fresh Banana (72)1% White or FF Chocolate Milk(14)</p> <p>7 501:395:86</p>
<p><i>Golden Grahams Cereal</i></p> <p>Animal Grahams Fruit Cup 100% Juice (59)1% White or FF Chocolate Milk(14)</p> <p>10 402:480:73</p>	<p><i>Breakfast Nutrition Bar</i></p> <p>Fruit Cup 100% Juice (66)1% White or FF Chocolate Milk(14)</p> <p>11 462:230:80</p>	<p><i>Lucky Charms Cereal</i></p> <p>WG Goldfish Graham Fresh Apple (63)1% White or FF Chocolate Milk(14)</p> <p>12 424:425:77</p>	<p><i>WG Banana Muffin</i></p> <p>Mini Vanilla Wafers 100% Juice Fresh Orange (84)1% White or FF Chocolate Milk(14)</p> <p>13 592:340:98</p>	<p><i>WG Breakfast Ring</i></p> <p>100% Juice Fresh Banana (67)1% White or FF Chocolate Milk(14)</p> <p>14 <i>Valentine's Day</i> 491:405:81</p>
<p>17 No School</p>	<p>18 No School</p>	<p><i>Granola Packet</i></p> <p>Fresh Apple (56)Dannon Nonfat Creamy Yogurt (14) 1% White or FF Chocolate Milk(14)</p> <p>19 494:255:84</p>	<p><i>Double Chocolate Muffin</i></p> <p>Animal Grahams Fresh Orange 100% Juice(81)1% White or FF Chocolate Milk(14)</p> <p>20 552:365:95</p>	<p><i>Cinnabar</i></p> <p>Fresh Banana 100% Juice (83)1% White or FF Chocolate Milk(14)</p> <p>21 541:405:97</p>
<p><i>Cinnamon Toast Crunch Cereal</i></p> <p>Animal Grahams Fruit Cup 100 % Juice (57)1% White or FF Chocolate Milk(14)</p> <p>24 402:420:71</p>	<p><i>Mixed Berry Rice Krispie Cereal Bar</i></p> <p>Vanille Wafers Fruit Cup 100% Juice(61)1% White or FF Chocolate Milk(14)</p> <p>25 452:335:75</p>	<p><i>Lucky Charms Cereal</i></p> <p>WG Goldfish Graham Fresh Apple (63)1% White or FF Chocolate Milk(14)</p> <p>26 424:425:77</p>	<p><i>Nutri-grain Bar</i></p> <p>WG Vanilla Wafers Fresh Orange 100% Juice (83)1% White or FF Chocolate Milk(14)</p> <p>27 552:369:97</p>	<p><i>Raspberry Bar</i></p> <p>100%Juice Fresh Banana (83)1% White or FF Chocolate Milk(14)</p> <p>28 541:405:97</p>

Happy Valentine's Day

*Thought for Thought*

A painter told me that nobody could draw a tree without in some sort becoming a tree, or draw a child by studying the outlines of its form merely . . . but by watching for a time his motions and plays. the painter enters into his nature and

*Tips & Information*

1/9/2020 4:09:45 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )  
AvgCals:485 AvgSod(mg):378 AvgCarbs(g):85

"or:" = An alternative selection to choose. "WG"=Whole Grain  
1% White & Fat Free Chocolate Milk available daily.



**\*\*Menu Subject to Change\*\***